

Smoke-Free Policies in Multiunit Housing Manual

The Smoke-Free Policies in Multiunit Housing manual was released to the public on April 18, 2011.

Secondhand smoke (SHS), also known as environmental tobacco smoke, is defined as a mixture of side stream smoke from the tip of the cigarette and mainstream smoke exhaled by the smoker. SHS contains more than 4,000 chemicals, of which at least 250 are known to be harmful, and more than 50 are known to cause cancer.

The Smoke-Free Policies in Multiunit Housing manual is designed for state and local Healthy Homes programs that are working to reduce secondhand smoke exposure in multiunit housing. The manual provides field-tested strategies, recommendations, best practices, and tools. The content draws on peer-reviewed research and interviews with practitioners. The manual is intended to frame issues and provide guidance for programs. Readers should feel free to choose among the strategies described, but should also understand that the strategies are interconnected and mutually supportive.

The Manual is available on the CDC Healthy Homes web site at <http://www.cdc.gov/healthyhomes/>
<<http://www.cdc.gov/healthyhomes/>>

Click on 'Smoke-Free' in the spotlight area.

The direct link to the PDF file is: http://www.cdc.gov/healthyhomes/Healthy_Homes_Manual_WEB.pdf
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